

# ANOCA PRESIDENT'S MESSAGE AT THE BEGINNING OF THE FASTING MONTH OF RAMADAN 2024

## "DEVOTION, FORGIVENESS AND PEACE IN AFRICA THROUGH SPORT"



ANOCA President and IOC Member, Mustapha BERRAF, addresses a special message to all the Muslim faithful, athletes and non-athletes alike, as they launch into fasting month of month of Ramadan.

It is our custom, every year, to take time off to humble ourselves before God Almighty through fasting and prayer. This is a major pillar of Islam.

This, above all, is a moment of spiritual solidarity and ecumenism for all of Africa and the world at large.

These are difficult times for the planet, which is fraught with all sorts of crises: high cost of living, security crises, climate change, immigration, pandemics, you name them...

More than ever, we need God. Each and every one of us, wherever we are, country, continent, city, village, home, school, workplace, we must turn to God.

Like sport, which, through Olympic values inspires in us tolerance, humility and love, so must sharing and peace guide our daily lives and our actions.

This month of fasting and prayer is necessary for us to reconsider our goals in our constant quest for the divine way.

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A peaceful world is shaped by our individual and, above all, our common faith.

It is in GOD that we will find peace.

This is already a reality through sport. Our prayers and sacrifices will bolster our aspirations to build a peaceful world devoid of misery and poverty.

Africa, our Africa, needs our prayers, which is why I urge the entire African Olympic and Sports Movement to forge ahead in devotion, forgiveness and peace.

A wonderful fasting month of Ramadan 2024!

### Mustapha Berraf

IOC Member
President of ANOCA
Holder of the African Olympic Order
Holder of the ANOC Olympic Order
Holder of the IOC Olympic Order



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#### UNITY, SOLIDARITY, FRATERNITY

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