

# MESSAGE FROM THE ANOCA PRESIDENT TO MARK THE CELEBRATION OF EASTER 2024

Mustapha BERRAF, President of the Association of National Olympic Committees (ANOCA) and IOC member, sends a special message to all faithful Christians, sportsmen and sportswomen alike, on the occasion of the Easter celebrations.



## "HAPPY EASTER IN THE PEACE OF CHRIST"

Easter is the world's greatest Christian feast, the feast of the resurrection of Jesus Christ.

The foundation of the Christian faith, Easter is preceded by 40 days of fasting and penance for all faithful Christians.

It is also an opportunity for Christians to humble themselves before God and pray for forgiveness through His mercy.

To all our athletes, Christian or otherwise, we encourage you to put God at the centre of all your concerns.

Faith in God is a powerful bond that strengthens us physically and spiritually.

This year we'll be competing in the Paris 2024 Olympic Games. The events will be watched and certainly admired by the world at large. Our mental and spiritual strength will be put to the test first as will the outpouring of physical energy. This is where God's abundant blessings will sustain us immensely.

Easter is a time of meditation and celebration of life over death. In the face of the political, economic and cultural conflicts that are undermining peace in Africa and the rest of the world, we must all return to the Almighty.

The spirit of solidarity, of hand-in-hand communion, beyond religions, will enable us to be stronger in the face of adversity and build a better, more prosperous and more united Africa.



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Sport is an essential vector for this union, through the Olympic values through which we imbibe the values of love, sharing, humility and peace.

While sport brings us physical and moral fulfilment, it must also unite us at all times, in all places and under all circumstances.

Easter is a timely opportunity to remind the entire African Olympic and sports movement of the need to always put God at the centre of all our actions, in order to enjoy His grace, protection and mercy.

May the Almighty God, through the resurrection of the Lord Jesus Christ, protect Africa and the world, and fill with happiness, our hearts, bruised by terrible pandemics, hate speech, poverty and every kind of disaster.

## HAPPY EASTER IN THE PEACE OF CHRIST!

### **Mustapha BERRAF**

IOC member ANOCA President Holder of the African Olympic Order Holder of the ANOC Olympic Order Holder of the IOC Olympic Order.



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### UNITY, **SOLIDARITY, FRATERNITY**

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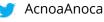


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