ACNOA - ANOCA

# ROAD To ANGOLA 2025

NEWSLETTER OF THE AFRICAN YOUTH GAMES

From 10th to 20th December 2025






## MESSAGE FROM THE PRESIDENT OF ANOCA, **HONOURABLE MUSTAPHA BERRAF**

## 4th African Youth Games Angola 2025

**A CRUCIAL MILESTONE: THE HOLDING OF CHEFS DE MISSION'S SEMINAR FROM 11 TO 15 SEPTEMBER 2025.**



# MESSAGE FROM THE PRESIDENT OF ANOCA

## *Honourable* MUSTAPHA BERRAF

Dear Members of African National Olympic Committees,

I wish to deliver to you a resounding message urging you to actively participate in the 4th Youth African Games scheduled to take place in ANGOLA from 10 to 20 December 2025. These Games stand as an exceptional platform for our young athletes. They will showcase their skills to develop and promote Olympic values.

Our 2025-2028 Strategic Plan of Action aims at valuing our competitors and supporting the emergence of budding talents so as to guarantee take over. Youth African Games are a key component of this strategy, providing our athletes with an opportunity to challenge their peers and to prepare themselves for international competitions, and more specifically for the Dakar 2026 Olympic Games.

I call on you to mobilize your athletes and teams to participate in these Games which will be an enriching experience for their individual and sporting development. Together, let's make these Games a resounding success and let's prepare our future champions for international competitions. I count on your active participation and support to make this event a historical moment for Africa.

**Our 2025-2028 Strategic Plan of Action aims at valuing our competitors and supporting the emergence of budding talents so as to guarantee take over.**

I would like to thank the Government of Angola for its support in organizing these Games and I am convinced that we will create unforgettable memories for our young athletes.

I wish you good luck and full success during your preparatory activities!

Long live African sports ! Long live African Youth Games

Yours, fraternally,

**Mustapha BERRAF**

President of the Association of National Olympic Committees of Africa (ANOCA)
IOC Member
ANOC Vice-President
President of the Olympafrica Foundation




4TH AFRICAN YOUTH GAMES
ANGOLA 2025

# A CRUCIAL MILESTONE: THE HOLDING OF CHEFS DE MISSION'S SEMINAR FROM 11 TO 15 SEPTEMBER 2025



**Countdown has started since of the announcement of the Chefs de Mission's Seminar which traditionally marks one of the most important steps towards the hosting of major sports events, as the Angola 2025 4th African Youth Games.**

The forthcoming 4th edition of the African Youth Games Angola 2025 will go through another decisive step with the holding of the Chefs de Mission's Seminar to take place from 11 to 15 September 2025. This strategic meeting, taking place barely three months ahead of the competition, will bring together delegations' officials from the 54 participating African nations, in order to put the final touch to all operational aspects of this major continental event.

This come together is of paramount importance to these Angola 2025 African Youth Games, since happens within an exceptional context: Angola becomes the first ever Portuguese-speaking country to host this continental event, which will coincide with festivities marking the 50th Anniversary of this country's independence.

## OBJECTIVES OF THE 4TH AFRICAN YOUTH GAMES

Through the staging of the 4th African Youth Games in Luanda - Angola - the Association of National Olympic Committees of Africa (ANOCA) intends to:

- **Develop young Africans' sporting talent**: Providing young African athletes with a platform that will enable them to showcase their skills and to grow within their sports disciplines ;
- **Promote Olympic values**: Encouraging the values of




excellence, inclusion and solidarity among young African athletes;

- **Strengthen integration and cultural exchanges**: Advocating unity and sharing between the continent's countries through sports;
- **Identify and prepare next champions**: Providing youth athletes with the opportunity to challenge their peers and train for international competitions.

Why choosing Angola as host country

Angola was selected as host country for the 4th African Youth Games for several reasons, including:

- **Its quality sports and social infrastructure**: Angola has adequate infrastructure to stage the Games.




- **The Angolan Government's commitment**: The Government of Angola demonstrated its commitment to support the hosting of the Games.
- **The celebration of its 50 years of independence**: the 4th African Youth Games will coincide with festivities commemorating the 50th Anniversary of Angola' accession to international sovereignty.

## STAKES OF THE 4TH AFRICAN YOUTH GAMES

Stakes borne by this Games include:

- Preparing for the Dakar 2026 Youth Olympic Games:

African Youth Games will serve as springboard for young African athletes who will be preparing for the Dakar Youth Olympic Games;

- Detecting and promoting young talents:

The Games will provide for a platform for the identification and promotion of young African sports talents;

- Le renforcement des liens entre le système éducatif et le mouvement sportif :

The Games will go a long way to strengthening ties between education and sports in Africa.




YOG DAKAR-2026

# CHINA DONATES EQUIPMENT TO SUPPORT THE EVENT

**A consignment of 13,000 items made-up of office automation and logistic materials; this donation from the Chinese National Olympic Committee falls in line with a move of solidarity and support for the hosting of the Dakar 2026 YOG.**

China has handed over to the Dakar 2026 Youth Olympic Games' (COJOJ) organizing Committee, an important consignment of equipment estimated at about one billion CfaF. The handing-over ceremony took place in Dakar on 19 August 2025, in the presence of many Senegalese and Chinese authorities. Made-up of 13,000 office automation and logistic materials items, this donation is from the Chinese National Olympic Committee. This gesture falls in line with a move of solidarity and support for the hosting of the Dakar 2026 YOG.




According to Li Zhigang, The Chinese Ambassador to Senegal, this initiative is a strong symbol of the strategic partnership existing between both countries.

« ***Through our joint efforts, these materials was delivered within 438 days. Senegal will host a wonderful event on the international scene. The YOG will give a new impetus to Senegal's 2050 Vision. Africa has the opportunity to shine, and youths are at the heart of this dynamics», said the Chinese diplomat. He also reminded that the Sino-Senegalese friendship ties «are increasingly tightening and bearing wonderful fruits*** ».

Ibrahima Wade, COJOJ general coordinator, expressed his gratitude to the Chinese Ambassador. He underscored that:

«***It is not just a logistic support. It's an act of commitment for excellence and friendship, which are fundamental values of the Olympic ideal***».

He further recalled that this donation comes to add to China's other major support, notably the hosting of 98 Senegalese athletes and guides in Chinese high-level sports centres, as well as the presence of Chinese experts in Dakar to assist the Committee.

The Senegalese Olympic Committee, through the Dakar 2026 Youth Olympic Games' Organizing Committee, thus took the commitment to make good use of the equipment donated by the Popular Republic of China. This commitment was taken in the presence of the Director of Students welfare Center of the Diamniadio Amadou Makhtar Mbow University, which will serve as Olympic Village.

And Ibrahima Wade thus promised that: « ***We hereby undertake to make good use of these equipments. This is an act of legacy we are performing for next generations***».




BAMAKO

# SEMINAR ON SPORTS AND MAJOR SORTS EVENTS' MEDICINE

From the 19th to the 21st July 2025, the Malian capital paid host to this training workshop organized on the initiative of the Association of National Olympic Committees of Africa (ANOCA) Zone II, in partnership with Sports Medicine Centre (SMC), the National Olympic and Sports Committee of Mali (CNOSM) and the Olympic Solidarity.



The opening ceremony was presided at by the Minister of Health and Social Development, Doctor-colonel Assa Badiallo Touré, who was representing the Prime Minister. Organized under the theme «***Sports Medicine and Major Sports Events: Medical prevention, care and ethics***», this workshop had as objective to improve sportsmen's skills and to build sports Doctors' capacities. The meeting was also geared towards medical prevention, care and ethics.

The workshop was facilitated by renowned personalities, included experts selected by the International Olympic Committee (IOC), physically and virtually, as well as Directors of Sports Medicine centres' Directors from Mali, Burkina Faso and Niger. Themes discussed focused on medical, ethical and organizational aspects relating to major sports events management. The Seminar received scientific presentations, experience sharing as well as practical case studies.

Experts elaborated on modules such as preparing the event upstream, assessing the medical condition of athletes (check-ups, fitness criteria, detection of dormant pathologies), training management staff, logistic and organisational arrangements (availability of qualified staff, liaising with regional health services, drug management, relief mechanisms, access to clean water, local catering), sorting out and disposal systems protocols...



The meeting also examined the international regulatory framework and drug substances, the IOC medical code, the role of staff during the event, the management of injuries in real time (knee, ankle, shoulder, etc.), the management of ankle sprains, knee injury surgical approach, the management of shoulder instability. Experts also developed medical follow-up during and after the event, ongoing medical follow-up and monitoring, post-competition follow-up (long-term care), challenges faced back home, psychological monitoring (supporting distressed athletes, specificities of women athletes in matters of follow-up).

A strategic pillar in the preparation, follow-up and preservation of athletes

In her opening speech, Dr. Lalla Mint Mohamed, the Director of the Sports Medicine Centre (SMC), while putting the Seminar in context, emphasized that « ***at a time when sports play an increasing role in our societies, be it on the social, economic and diplomatic domains, big sports events are becoming major events. They mobilize not only high-performing athletes, but also crowds of spectators, technical teams and a host of partners***».

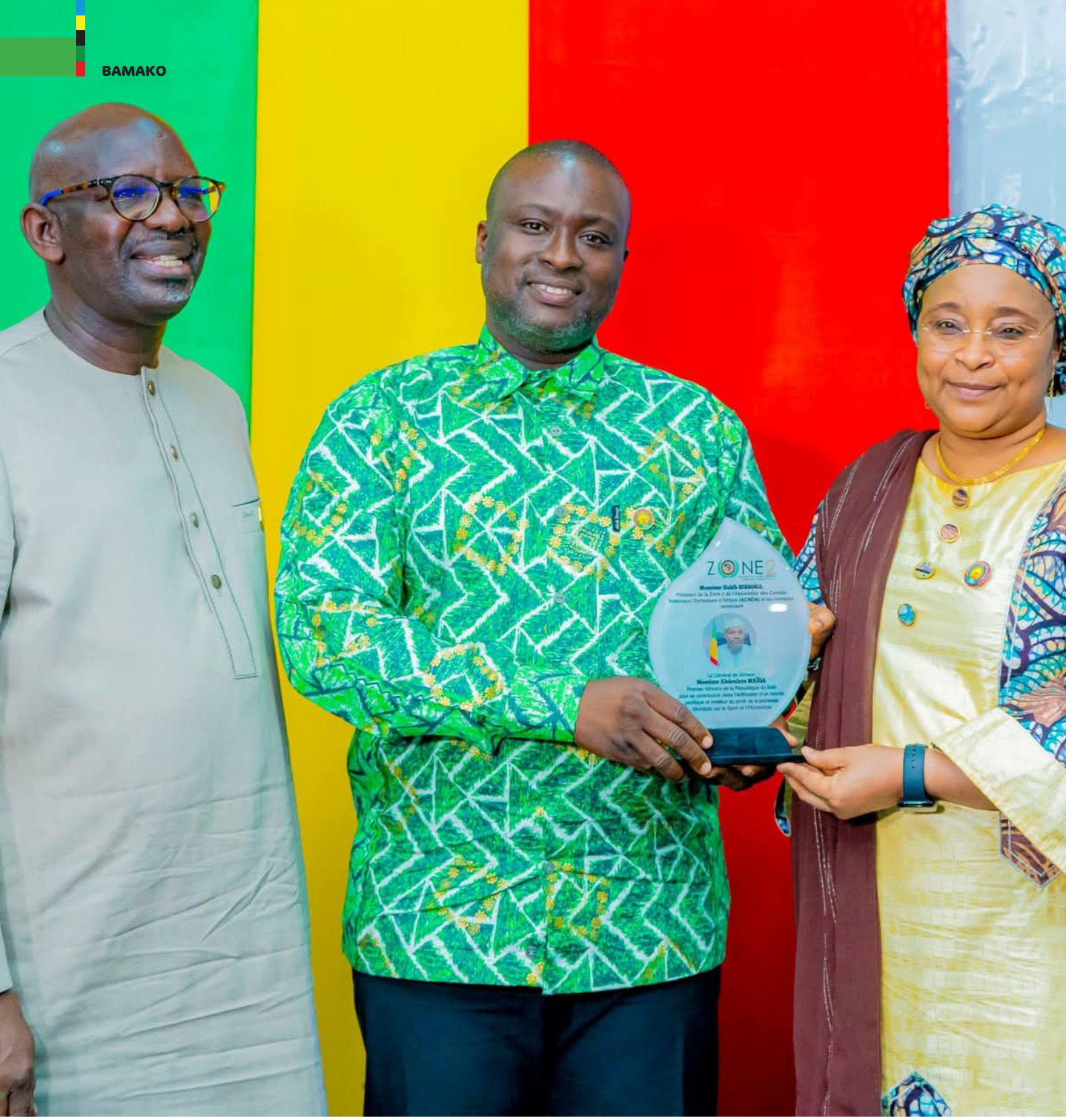
She went further to indicate that «***Sports medicine, which for long has been considered as a second-class specialty, now appears as a strategic pillar in the preparation, follow-up and protection of athletes***», reminding that «***behind each performance, each competition, lies a fundamental imperative: the health and physical integrity of athletes***».

On his part, Seydina Oumar Diagne, the Secretary General of Zone said that «***Today, what is put forward is the athlete's health and integrity, as he is the one at the heart of the Olympic movement and remains the essence of the Olympic Games. Major sports events are a major challenge for the health system***», talking to experts and practitioners in that domain, he reminded that:

«***You have the delicate task to understand and strike the balance in the relationship between what is expected of athletes and what they can actually deliver. You also have the delicate task of managing modern athletes before, during and after major sports events***».

Zone II Secretary General also expressed «***the Olympic Movement's deep gratitude***» to the Transition's President, General Assimi Goïta, «***for***






***the beautiful outlook given to the Executive Secretariat's buildings, following the renovation works carried out on the Ouezzin Coulibaly Stadium***». According to Doctor-colonel Assa Badiallo Touré, «***this meeting is timely, especially on the eve of major sports events scheduled both at national and international levels***».

He insisted on the need to build health professionals' capacities for



an efficient management of injured athletes.

The Minister of Health and Social Development underscored that «***our greatest hopes rely on our staff's ability to fill the material gaps through their know-how. This seminar will provide the opportunity to develop a strong knowledge base so as to efficiently deal with challenges on the field***». This initiative, which is championed by Bamako, intends to be a model to take advantage of and to duplicate in other ANOCA Zones and in member countries.

A crucial moment of this opening ceremony was the award of a honourary distinction to the Prime Minister, Major-General Abdoulaye Maïga. To the merit of Mr. Habib Sissoko, the President of CNOSM and of ANOCA's Zone II, this gesture is the crowning of the Head of Government's constant commitment in favour of sports development in Mali and in the sub-region.

Seydina Oumar Diagne declared that «***The Olympic Movement should thank Malian authorities for all sacrifices made in favour of sports development in general and African sports institutions in general***». He went on insisting that: «***ANOCA is grateful to Mali for respecting the commitments taken in the headquarters agreement signed between the Government and its Zone II on 23 April 2015*** ».

He also expressed his « *heartfelt thanks*» to the IOC and to ANOCA for accepting and supporting this project, but also and certainly for the confidence renewed to Zone II.




CHAD

# PRESIDENT MAHAMAT IDRISS DÉBY SPURS CHAMPIOS INTO ACTION

**On 19 August 2025, The Chadian Head of State received Chadian athletes who took part in the First African School Games that took place from the 25th of July to the 5th of August 2025 in Algeria, and in the African Karate Championship organized in NDjamena.**



The Minister of Youth and Sports, Mr. Maïdé Hamit Lony led a delegation of young Chadian champions to the Toumaî Palace on 19 August 2025. The aim was to present to the Head of State, Marshall President Mahamat Idriss Deby Itno, medallists of the African Scholl and University competitions organized in Algeria, and also karate athletes who illustrated themselves during the championship organized by the Union of African Karate Federation in Ndjamena.

Proud of their performances, these young athletes who took part in the African School and University Games ranked Chad at the 4th position out of the 54 countries that participated. They won a total of 9 medals, including 5 Gold, 2 Silver and 2 Bronze, thus showcasing Chad's potential in the field of sports and its youths' resolve to shine on the continental and world scene.

While receiving these young champions, the Head of State hailed the performance of his youths and underscored that sports remain at the heart of his vision for a united, strong and competitive Chad. « ***Bravo to you and to all your supervisors. The nation is proud of you, and it's with the same pride that I'm receiving medals won in Algeria and in Chad***», the Head of State, Marshall Mahamat Idriss Déby Itno said. This meeting is the clear illustration that efforts made in favour of sports are already bearing fruits, thus providing Chadian youths with new perspectives of excellence.



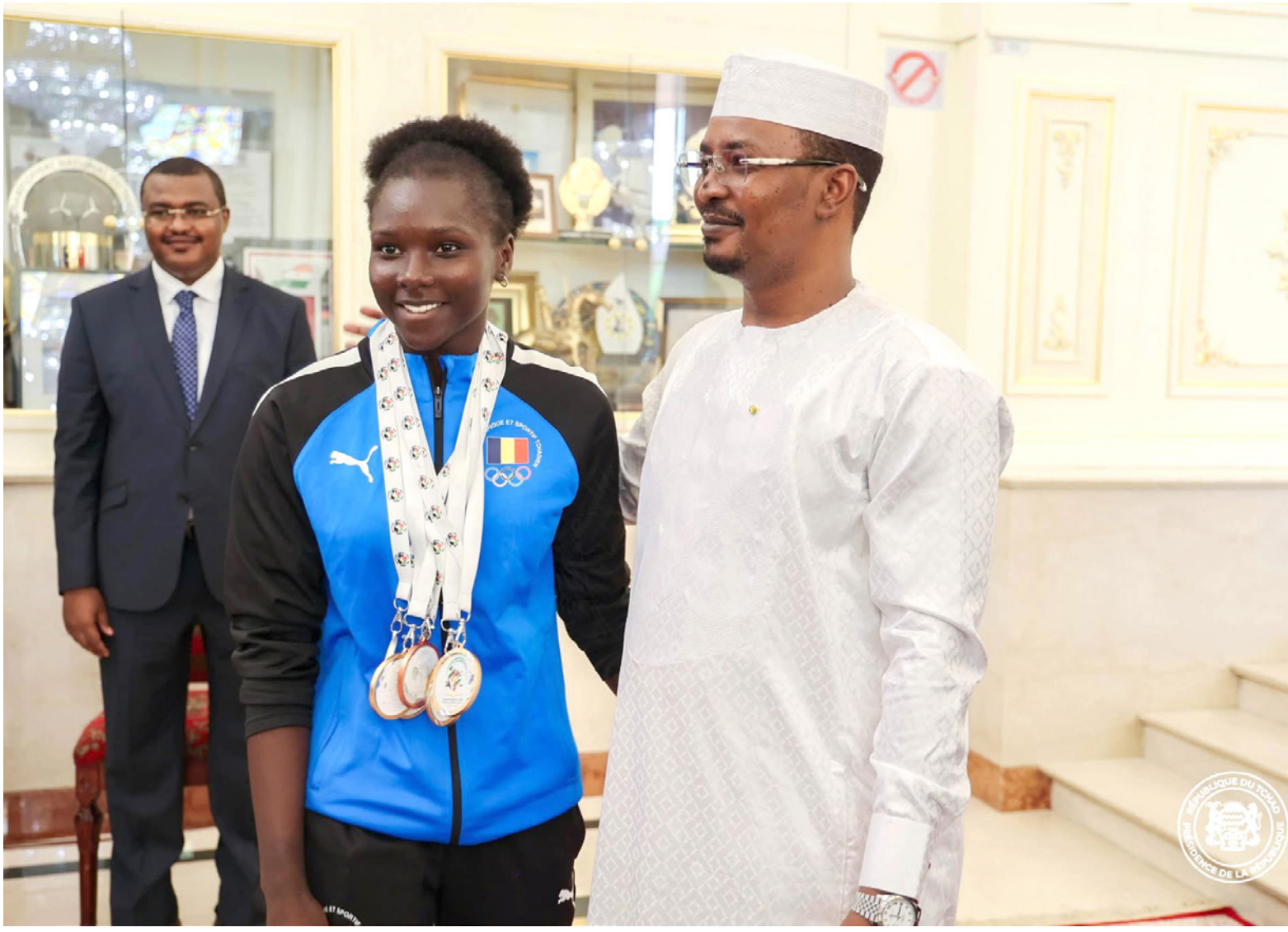

Still at the centre of actions aimed at ensuring the presence of young Chadian sports talent on the international scene, Minister Maïdé Hamit Lony reiterated his Ministry's commitment to create more training and supervision initiatives, as well as more competitions, so as to allow the national flag fly higher.

He insisted that Chad should be represented everyway else, and that these champion's determination is just a start towards a new era of sport success for the Chadian youths.

According to the supervising minister, « ***all the merit goes to the Marshall who set the tone and showed the way which led to this harvest.***



***For sport is a symbol of cohesion and mixing, and above all a link between nations*** ». The President of the Chadian Sports and Olympic Committee for his part pleaded that means be made available for athletes to be able to effectively participate. The Head of State was reassuring, pledging that « ***Government will provide all necessary support to various federations to make Chadian sports shine*** ».






# SPEECH BY THE HEAD OF STATE DURING THE AWARD CEREMONY OF MEDALS WON DURING THE ALGIERS AND NDJAMENA SPORTS COMPETITIONS

**Mr. Minister of youths and sports;**

**Dear collaborators ;**

**Mr. President of Chadian Olympic and Sports Committee;**

**Dear athletes.**

At the end of the first edition of the African Youth Games which took place from 26 July to the 5th of August 2025 in Algiers, you soothed the President of the Republic's heart through your performances.

On that day on Algerian soil, you made the National tree-coloured fly very high and made the *''La Tchadienne''* resound loud on the international scene. Your coronation needs no comment. Among the 54 African countries participating in competitions, Chad emerged

fourth. The country totals 09 medals, including 05 in Gold, 02 in silver and 02 in bronze.

And that's not all. The individual sports harvest still delight us. Back here in Ndjamena, at the close of the Karate Championship organized by the Union of African Karate Federations which brought together 09 Central African countries challenging each other on the tatami last 16 to 23 June, Chad won 48 medals including 3 Gold, 34 silver and 11 bronze.

What a pride ! BRAVO to you and to all your supervisors. The Nation is proud of you, and it's with the same pride that I'm receiving medals won in Algeria and in Chad.

Results obtained which are now making the pride of the entire Chadian Nation stem from divine will and my firm commitment to develop an ambitious plan for Chadian youths, as stated in Project 4 of my political programme. This commitment sums up our will to make sports a driving force for unity, inclusion, intermixing, fulfilment and international influence.

I urge the training staff to summon their courage and fervour in order to serve as models to other sports federations and associations. No need recalling here that the capacity of each sports federation is measured against results obtained on the international arena.

While waiting for team sports, as football, to make us dream as Karate athletes did, I'm urging the



Government through the Minister of Youths and Sports here present to stake on individual sports.

I am deeply convinced and persuades that Chad could shine more on the international sports arena if adequate means are put at the disposal of sports federations and associations that promote individual sports.

To conclude, I wish once again to express the whole nation's deep gratitude, my personal admiration, my congratulations and my sincere thanks to athletes, to the staff and to the supervising Ministry for this sports harvest which places Chad high on the African individual sports ladder.

Thank you.




CAMEROON'S NATIONAL OLYMPIC
AND SPORTS COMMITTEE

# A SEMINAR TO BUILD ATHLETES' CAPACITIES ON INTEGRITY AND ETHICS IN SPORTS

**The economic capital of Cameroon paid host on 23 July 2025, to a training seminar dedicated to building athletes and sports movement stakeholders' capacities on ethics and integrity, so as to promote a clean, fair and sports values-friendly environment.**







The second training seminar for athletes in the area of sports was hosted by the Douala 4th District Town Hall, and was attended by 100 participants including: 50 athletes, 10 coaches, 10 officials, 10 Littoral and South-West regional leagues' representatives, 5 experts and 10 Athletes Commission's members, as well as CNOSC project team.

## CONTEXT AND JUSTIFICATION

Within a changing sports context, faced with increased challenges linked to doping, corruption, competition rigging, discrimination and couter-ethical behaviour, the need to strengthen the culture of integrity in sports appears as an emergency. It is within this context that the Cameroon National Olympic and Sports Committee's (CNOSC) Athletes' Commission, in collaboration with the Douala City Council organized in Douala the second capacity building Seminar for athletes and sports stakeholders, on integrity and ethics in sports. The aim is to prepare athletes, supervisors, officials and federal representatives to fully play their role as models, especially in view of the 2026 Dixiads, the major national multisport competition that brings together Cameroonian youths, which will take place in Douala.

## OBJECTIVES OF THE SEMINAR

### Overall objective :

Building the capacities of athletes and stakeholders of the sports movement on ethics and integrity, so as to create a clean, fair and sports values-friendly environment.

### Specific objectives :

- Understanding the foundation of ethics and integrity in sports;
- Identifying national competitions' specific stakes, including Dixiads;
- Adopting exemplary attitudes and promoting the best sports practices for a clean, fair and inclusive sports environment;



- Promoting ethical decision making, considering dilemma faced by sports stakeholders;
- Strengthening athletes' commitment to promote sports ethics;
- Presenting, discussing and adopting the National Competitions Ethical Charter.

## PROGRAMME OF THE SEMINAR

The Seminar took place face-to-face at the Douala 4th District Council Town Hall, and was attended by 100 participants, including athletes, coaches, officials, Littoral and South-West regional leagues' representatives, experts in ethics and integrity, Athletes Commission's members, as well as the project team.

The opening ceremony was presented by the Littoral ROSC Secretary General, personal representative of Littoral ROSC President, who also doubles as Douala City Council Mayor. Following the execution of national and Olympic anthems, and CNOSC Athletes Commission's President, Mrs. NGON NTAME Epse FOTSO Victoire Pauline L'or, who laid the seminar's foundation, called on participants to actively contribute in fruitful debates and experience sharing for a successful and enriching day for all. Organization blended theoretical presentations with practical workshops and participative discussions around concrete cases.

## THEMES DISCUSSED

1. Introduction and definition of ethics and integrity concepts (origin and principles of sports ethics, and integrity as pillar of sports performance)
2. Present stakes of sports in general and DIXIADS in particular (risks and opportunities)
3. Ethical and integrity best practices in sports (transparency, respect and individual and collective)
4. Ethical decision making and sensitization techniques on exemplary behaviour (case studies, assessment tools, leaders' role positive communication methods and peer sensitization);
5. Presentation and adoption of the Ethical Charter for national competitions, and notably the DIXIADS.

These various themes were discussed and presented to participants during interactive presentations, group discussions, experience sharing and plenary sessions.

This seminar revealed that ethics and integrity ar essential to sports sustainability and credibility, and these should be life school, not a cheater's






fabrication. Major actors must abide by rules and regulations laid down by Games' organizers and institutional bodies. They have the duty to respect the Games, the opponents and all the Games' stakeholders in order to be true models of integrity and ethics for next generations. Disciplinary measures should be put in place within sports instances and clubs and it should be clear that they all have an impact on both athletes and stakeholders.

Highly interactive workshops enabled participants to express their feelings and frustrations experienced on a daily basis. Asked « how to promote exemplary behaviour in sports », participants suggested solutions that includes sensitization and good communication on problems plaguing the world of sports (doping, harassment, cheating, fraud, violence ...).

Experience shared with Africa's two-times Heavyweight Champion, three-time African Games Gold Medallist and Gold Medal winner at the last Commonwealth Games, Ngadja Nyabeyeu Junior, was an eye-opener for athletes and supervisors on age cheating and temptations around drug consumption and competition rigging. Following extensive debates and amendments, the Charter was adopted by all participants and will be forwarded to the CNOSC and to the Ministry of Sports and Physical Education for its insertion into sports policies.

The day ended on a soft note filled with hope, satisfaction and commitment on the part of participants. This was revealed in speeches delivered by Mrs. Aicha Bobo, the athletes' representative, and Mr. Kapsa Sema Vitales, representing athletes' stakeholders who, on behalf of the assembly, expressed their satisfaction and commitment to become Ambassadors of ethics and integrity in their respective regions, disciplines and clubs.




## RECOMMENDATIONS

At the end of this seminar, participants made the following recommendations to the attention of the CNOSC and sports institutions for the improvement of Cameroon's sports environment and the reduction of fraud and cheating during national competitions:

1. Digitalisation and yearly update of the file of athletes participating in national competitions;
2. Providing information on competitions and on the competitions' programme at least one year in advance;
3. Advocating for the funding of sports by enterprises to support athletes better;
4. Withdrawing medals from teams and athletes found guilty of fraud and hand them to upright teams and athletes according to their ranking;
5. Duplicating this type of seminar over the entire national territory;
6. Sensitizing sports stakeholders on doping and its consequences.

## CLOSING CEREMONY

This was marked by a summary of deliberations, the participants' commitment to become the ambassadors of ethics and integrity within their regions, the reading out of the Charter, the handing over of attestations to participants, and the CNOSC AC President's address. She expressed her gratitude to all participants, the Douala City Council and CNOSC Present and encouraged each and everyone to implement advice and tools acquires in their various working environments, so as to be worthy ambassadors of clean game in their Region which will host the next National Games.

Finally, while expressing his satisfaction and encouragements to the CNOSC AC for this innovative initiative in Cameroon's sports landscape and inviting each participant to be a model of probity and responsibility in his/her practice of sports and within his/her community, the Littoral ROSC SG, representing Littoral ROSC President and CNOSC SG who was unavoidably absent, declared closed this Second Sensitization and Capacity Building Seminar organized by the CNOSC through its Athletes Commission.




## OLYMPIC SOLIDARITY 2025-2028

# AMBITIOUS PROSPECTS FOR SENEGAL'S SPORTS



The CNOSS Technical Commission held an important meeting bringing together National Technical Directors (NTD) on 22 July 2025 at the Léopold Sédar Senghor Stadium. This meeting was marked by the presence of Mr. Gilbert Sidy Lamine Mbengue, DAPS in the Ministry of Sports, and of Mr. Kabir Pène, Director of Sports at the Dakar 2026 COJOJ.

One of the meeting's objectives was to present opportunities offered during the 2025-2028 quadrennial, to exchange on Olympic Solidarity programmes, to explain modalities to access fundings and to strengthen collaboration with federations for the optimum use of these resources.

CNOSS invites Directors to fully commit themselves to reinforcing supervision, structuring sports disciplines and better supporting talents ahead of Dakar 2026 and towards Olympic excellence.

Between institutional presentations and technical debates, this meeting aimed at setting the base of better collaboration in view of Dakar 2026 and beyond.



## DANGBO OLYMPAFRICA CENTRE

# PROVISIONAL COMMISSIONING OF A JEWEL FOR YOUTHS

**The National Olympic and Sports Committee of Benin (CNOS BEN), in partnership with the Olympafrica Foundation, provisionally commissioned the country's Olympafrica Centre on 19 August 2025 in Akpamè, thus marking the end of construction works of a long-awaited infrastructure and the opening of a new era for Benin's sport.**

August 19 2025 will remain a symbolic date for the Dangbo Council, and more widely for the entire Benin's sports movement. On that day, the National Olympic and Sports Committee of Benin (CNOS BEN), in partnership with the Olympafrica Foundation, provisionally commissioned the country's second Olympafrica Centre situated in Akpamè, Hozin subdivision.

The ceremony took place in the presence of CNOS BEN President, Julien Minavoa, accompanied by an official delegation; the ceremony was graced by the exceptional attendance of Olympafrica Foundation's Executive Director, who specially travelled to Dakar for this occasion.

## A MODERN AND MULTIPURPOSE INFRASTRUCTURE

Launched in 2022 with the provision of the site, construction works of the Dangbo Olympafrica Centre have come to an end today. This complex, which was jointly funded by the Olympafrica Foundation and CNOS BEN, stands as a veritable sports and social development centre. It includes: a football pitch with a 6-lane running track ; a multipurpose playground for basketball, handball and volleyball ; an administrative building and a multipurpose hall for meetings, combat sports and cultural activities; additional infrastructure: toilets, technical premises, warehouse and tennis/badminton lawn.

## NOT JUST A CENTRE, A SOCIAL PROJECT

The Dangbo Olympafrica Centre is far more than a just a sports infrastructure; it's a tool for social inclusion through sports, bearer of Olympic values of respect, excellence and solidarity, destined for Youths around Dangbé and the Ouémé valley. It represents a hope for influence and new opportunities.

The provisional commissioning of this centre puts an end to the construction of an awaited infrastructure and the advent of a new era for Benin's sports. It translates into reality CNOS BEN and Olympafrica Foundation's common will of putting sports at the service of human development.

Local populations massively attended this ceremony, which promised to be a milestone and a historic moment for the council and the country.



BUILDING UGANDAN ATHLETES' CAPACITIES

# THE OLYMPIC COMMITTEE OF UGANDA ORGANIZES THE ATHLETE365 CAREER+ WORKSHOP

The Olympic Committee of Uganda (UOC), its Athletes Commission, organized a training workshop on the Athlete365 Career+ programme on the 23rd and 23rd of August 2025 at the Ntinda Nob View Hotel. Under the moderation of IOC Instructor, Ganzi Semu Mugula OLY, the aim of thsi seminar was to build Ugandan athlete's capacities through self-confidence and practical career-oriented training.






## SKILLS FOR SUCCESSFUL TRANSITION

Athletes were trained how to identify their strengths and personality features using the DISC tool, and to write efficient resumes so as to increase their employability. This training enabled them to better know themselves and to develop essential skills to successfully move from the world of sports to the professional environment.

## A COMMITMENT IN FAVOUR OF ATHLETES

The President of the CGU/UOC, Dr Donald Rukare, presided at the workshop's opening and closing ceremonies, and thanked the Athletes Commission for initiating this programme and reaffirmed UOC's commitment in favour of athlete-centered policy. He urged athletes to take this programme serious, indicating that it was crucial to equip them with necessary skills for a successful transition.

## HOLISTIC DEVELOPMENT

This programme is proof of UOC's commitment in favour of its athlete's holistic development, to enable them succeed both in the field and outside. The UOC continues to implement initiatives geared towards supporting its athletes and providing them with opportunities to succeed in their sports and professional careers.

## A PROMISING FUTURE

Henceforth, Ugandan athletes are better equipped to succeed in their transition and attain their objectives. The UOC will continue to support them and provide them with opportunities to develop their skills and have a successful career.

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